

# Nursery Menu –September 2020



## Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Crackers with spread</b>	<b>Hummus Cucumber &amp; Pitta Strips</b>	<b>Fruit and Biscuit</b>	<b>Cream Cheese Breadsticks, Cucumber &amp; Carrot Sticks</b>	<b>Homemade Banana Cake</b>
Sausage in gravy Mashed potato Cauliflower, Mixed vegetables  Fruit Salad	Cauliflower and Chickpea Curry Broccoli Wholemeal Rice Naan Bread Finger Yoghurt	Mixed Vegetable Frittata Crusty Brown Bread Baked Beans  Rice Pudding	Vegetable Meatballs & Tomato sauce Pasta Green Beans/Garlic Bread  Fruit Salad	Vegetable Nuggets Chips Baked Beans  Apricot Yoghurt
<b>Homemade Pizza</b>	<b>Fruit Flapjack</b>	<b>Homemade Cheese Straws</b>	<b>Yoghurt &amp; Banana</b>	<b>Crackers with spread</b>

## Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Rice Cakes</b>	<b>Toasted Bagel</b>	<b>Homemade Fruit Scone</b>	<b>Crackers with spreads</b>	<b>Apple, Cheese and Crackers</b>
Fish Cakes Peas Grilled Tomato  Semolina	Spinach & Parmesan Spaghetti Sweetcorn  Stewed Apple & Custard	Oriental Marinated Tofu Fried Rice  Fruit Salad	Jacket Potato Tuna, Cheese, Baked Beans  Yoghurt	Lasagne Peas & Carrots  Jelly with Peaches
<b>Pitta bread with spreads</b>	<b>Yoghurt with fruit</b>	<b>Sandwiches</b>	<b>Pear &amp; Ginger Cake</b>	<b>Yoghurt &amp; Biscuit</b>

## Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Fruit &amp; Biscuit</b>	<b>Butterbean &amp; Sundried Tomato Pate Melba Toast &amp; Cucumber sticks</b>	<b>Crackers with spread</b>	<b>Yoghurt &amp; Biscuit</b>	<b>Rice Cakes with spreads</b>
Cheesy Macaroni Pasta Garlic Bread Slice Mixed Salad  Yoghurt	Jacket Potato Tuna, Cheese, Baked Beans  Fruit Salad	Quorn Roast Yorkshire Pudding Broccoli & Carrots Roast Potatoes  Strawberry Fool	Vegetable Five Bean Chilli Green Beans Wholemeal rice  Banana & Custard	Fish Pie Sweetcorn  Flapjack & Apple Slice
<b>Toasted Crumpets</b>	<b>Baguette /cheese and grapes</b>	<b>Not Cross Buns</b>	<b>Sandwiches</b>	<b>Homemade Cheese Scones</b>