

## Nursery Menu –November 2019

### Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Crackers	Homemade Ginger Biscuit, Kiwi and Pear	Yoghurt & Fresh fruit	Homemade Cheese Scones	Hummus, Carrot, Cucumber and Bread Stick
Vegetable Sausage, Mashed Potato and Gravy Cauliflower & Mixed Veg	Margherita Pizza Baked Jacket Wedges Broccoli & Winter Coleslaw	Quorn Roast, Yorkshire Pudding & Gravy Roast Potatoes, Cabbage & Sweetcorn Ginger Sponge & Custard	Vegetable Mince & Onion Pie Mashed Potato, Green Beans & Carrots Fresh Fruit Salad	Fish Fingers Chips & Baked Beans  Oat biscuit & Fruit Wedges
Yoghurt	Rice Pudding			
Filled Pitta Pockets	Rice Cakes	Homemade Sundried Tomato Bread	Crumpets	Crackers

### Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Yoghurt & Banana	Cheese, Apple and Crackers	Homemade Sticky Date Cake	Bread sticks, Cucumber & cream cheese	Fresh fruit & Yoghurt
Vegetable Bolognese & Spaghetti Broccoli & Sweetcorn	Vegetable, Chickpea & Lentil Curry Rice & Naan Bread	Tuna Pasta Bake Whole-wheat pasta Mixed Vegetable & Garlic Bread Fruit Salad	Quorn Roast, Yorkshire Pudding & Gravy Roast Potatoes, Cabbage & Sweetcorn Yoghurt Pots	Jacket Potato Tuna/Cheese/Beans  Ginger & Mandarin Muffin
Semolina	Stewed Apple & Custard			
Homemade Vegetable & Lentil soup with bread	Toasted Bagel	Crackers	Homemade Fruit Bread	Homemade Fruit Scone

### Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Hummus, Carrot, Cucumber and Bread Sticks	Fresh fruit & Yoghurt	Toasted Bagel	Homemade Apple Cake	Fresh Fruit & Biscuit
Vegetarian Chilli with Wholegrain Rice Sweetcorn & Carrots  Apple Crumble & Custard	Quorn Roast, Yorkshire Pudding & Gravy Roast Potatoes, Cabbage & Mixed Vegetables Fruit Salad	Vegetable Nuggets Chips & Beans  Banana & Custard	Jacket Potato Tuna/Cheese/Beans  Rice Pudding	Vegetable Cottage Pie Broccoli and Cauliflower  Yoghurt Pots
Beans on Toast	Baguette, Cheese & Grapes	Crackers	Sandwiches	Homemade Cheese Straws