

SUMMARY PROGRAMME SPECIFICATION

Course Title	FdSc Mental Health Practice
Awarding Body	University of East Anglia (UEA)
Level of Award	5
Professional, Statutory and Regulatory Bodies Recognition	N/A
Credit Structure	240 Credits Level 4: 120 Credits Level 5: 120 Credits
Mode of Attendance	Full time
Standard Length of Course	2 years
Intended Award	FdSc Mental Health Practice
Fall-back Awards	Certificate of Higher Education (Cert HE) – 120 credits
Entry Requirements	<p>48 UCAS tariff points or equivalent, unless meeting the vocational experience criteria</p> <p>Level 3 - Health Studies/NVQ Level 3 in Health is desirable</p> <p>Many students have Maths/English before starting the programme and if not will be recommended to gain them during the course, for progression opportunities.</p> <p>Previous work experience is desirable before starting the programme.</p> <p>Each student will need to have a work-based mentor in place to support their studies</p> <p>Applications from mature students (21+) who have experience in practice, or other suitable qualifications, are welcomed.</p> <p>Applications from students whose first language is not English are welcome. We require evidence of proficiency in English (including writing, speaking, listening and reading), the required minimum is:</p> <ul style="list-style-type: none"> • IELTS (SELT): 6.0 overall (minimum 5.5 in all components) • Or GCSE English C / Grade four and above • Or equivalent qualification. Please contact the Advice Shop for advice and guidance
Delivering Institution(s)	City College Norwich
UCAS Code	B760

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This Summary Programme Specification sets out the essential features and characteristics of the FdSc Mental Health Practice course. The information provided is accurate for students entering level 4 in the 2018-19 academic year¹.

Course Summary

The course is ideal for students who are working in a social care role and wish to develop their career in mental health care settings.

Course Aims

This well recognised qualification will develop both technical and knowledge based skills and the transferable skills so valued by today's employers. Key features include employability skills and the opportunity to progress to the third year of a BA (Hons) programme.

Course Learning Outcomes

The following statements define what students graduating from this course will have been judged to have demonstrated in order to achieve the award. These statements, known as learning outcomes, have been formally approved as aligned with the generic qualification descriptor for level 4/5 awards as set out by the UK Quality Assurance Agency (QAA)¹.

The aim of the programme is that on achievement of the FdSc Health Studies students will have developed in the following areas:

- Knowledge and critical understanding of the well-established principles and current thinking about Healthcare.
- Successful application in the workplace of the range of knowledge and skills learnt.
- Ability to apply theory to practice
- Understanding the main methods of enquiry relevant to Healthcare and the ability to evaluate critically the appropriateness of different approaches to problem solving.

Students will develop a range of skills throughout the programme including the ability to:

- Evaluate the appropriateness of different approaches to solving problems related to their area(s) of study and/or work.
- Communicate the results of their study/work accurately and reliably, and with structured and coherent arguments
- Relate knowledge gained to experiences at work
- Transfer learning from one situation to another, by applying acquired skills in new situations
- Utilise knowledge to inform own work area
- Establish effective relationships that promote own learning and that of others.
- Work collaboratively with individuals using team-working, leadership and management skills
- Develop the qualities and transferable skills necessary for employment requiring the exercise of some personal responsibility.

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Course Design

The design of this course has been guided by the following QAA Benchmark and Professional Standards:

QAA Benchmark

- health as a contested concept
- the multidisciplinary nature of health studies
- the central place of research activity in the development of the subject
- the diverse determinants of health and wellbeing
- the contemporary issues at the forefront of the subject
- the range of theories of causality relating to health
- social policy approaches and potential influence upon health and wellbeing
- the theoretical and professional rationales concerning health interventions
- the role of individual differences in affecting health status
- the diversity of the experience of health and wellbeing
- the diversity of values associated with health and wellbeing
- comparisons within and between healthcare systems and modes of delivery
- cultural diversity within health and wellbeing
- the central theoretical arguments and paradigms in health research
- the use and application of information technology to communication and analysis within the discipline.

Professional Standards

Programme meets the QAA standards and National Occupational Standards in Mental Health.

Course Structure

This course comprises modules at levels 4 and 5.

Module Specifications for each of these modules will be made available to students on-line at the beginning of each academic year.

	Module	Credits	Module Type
Level 4			
	Introduction to Human Anatomy and Physiology. This module looks at the different body systems and how they function	20	
	Communication in Mental Health Practice. This module will explore the impact of communication in de-escalation and putting the service user at the centre of the work completed. Interagency working will also be included.	20	
	Higher Learning Skills This module provides an introduction to academic skills required to effectively study at Level 4 and 5.	20	
	Psychosocial Perspectives and Care Practice This module explores why do we behave and make the choices that we do?	20	

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	Introduction to Mental Health This module offers an opportunity to consider points from various modules to come and start the debates and discussions	20	
	The Health and Care Sector This module investigates the scale of the sector and the stakeholders within it. Personal reflection will be a key aspect of this module	20	
Level 5			
	Science for Mental Health Practice This module considers what can happen when the body does not function in the way that it is supposed to and what can be the causes of this	20	
	Intervention and Recovery in Mental Health Practice. A variety of intervention styles will be explored and evaluated. What does recovery mean in Mental Health?	20	
	Research Skills for Mental Health Practice. A core module looking at different methods of research and the ethics around that. A service improvement plan will part of this assessment	20	
	Assessment Risk in Mental Health Practice. This module presents a critique of assessment styles will be carried out and safeguarding aspects will be considered with regard to risk	20	
	Supervision and Leadership – As the level of work that this qualification can facilitate, you will learn how to supervise staff and consider the qualities of a leader	20	
	Decision Making, Ethics and the Law in Mental Health Practice. This module offers an exploration into why we have the legislation, policies and guidelines in place, to protect service users and ourselves.	20	

Awards

On successful completion of the course, students will be awarded a Foundation Degree Mental Health Practice.

Course Delivery

Students will normally be required to attend college for one day each week with the balance of learning taking place in the workplace. The course is taught at the School of Higher Education, City College Norwich, Exchange Street, Norwich.

Students will learn through a variety of techniques, including workshops, lectures, presentations, observation of practice, seminars and group activities. The emphasis on employability skills means that this vocational programme will enable consolidation of learning in the workplace and the ability to reflect on work practices in an academic context. Students in employment will be expected to receive practical and

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enabling support from their employers, enhancing practice and the development of careers to management level.

Course Assessment

Each module will be assessed separately and a variety of methods will be used throughout the programme. These may include presentations, coursework and case studies.

Course Team

The academic staff delivering this course are drawn from a team that includes teaching specialists and current practitioners. All staff are qualified in their subjects with their own specialist knowledge to contribute.

Course Costs

The tuition fees that new students pay will be fixed for the duration of the course and will not be subject to any further increases.

Payment of tuition fees is due at the time of enrolment and is managed in accordance with the Course Fees & Eligibility Statement and Rules and Regulations.

Students may choose to buy some books to support their studies, although the library has access to a full range of core texts, including e-books.

Academic Framework and Regulations

This course is delivered according to the Norfolk Regulatory Framework and other academic policies and procedures of the College as published on Blackboard.
